

Utbildningsförvaltningen  
**Information om covid-19 på gymnasieskolan**

## **Students should stay at home if anyone in the family has covid-19**

Students in Upper Secondary Schools and Upper Secondary Special Education Schools must stay home from school if anyone at home has been infected with Covid-19. This also applies to youth who are healthy and do not have any symptoms. These are the new recommendations from the Swedish Public Health Authority.

Previously, these recommendations applied to students in Upper Secondary School but now they also apply to students in Upper Secondary Special Education Schools.

This means that students should not attend school as long as someone in the family where the youth lives has confirmed Covid-19.

### **Report absence as usual**

All absences should be reported as normal and according to the routines set up by the school. As far as possible, the school will provide the students work to do at home, or will ensure, through other means, that students do not fall behind with their schoolwork.

### **Follow the advice from health care**

When you receive a test result that shows you have Covid-19, you will also receive information from health care about which rules apply to you and your family. If you have any questions about testing and the rules for family isolation, contact:

[1177.se/Uppsala-lan](https://1177.se/Uppsala-lan)

### **A strained situation**

Due to the pandemic, our Upper Secondary Schools are in a strained situation. All personnel are working their hardest to provide the students with a good education.

[News from the Swedish Public Health Authority website – Symptomless children should stay at home if anyone in the family has Covid-19 \(in Swedish\)](#)

## Information at [www.1177.se](http://www.1177.se)

At [www.1177.se](http://www.1177.se) there is information about Covid-19 in many different languages.

## National telephone line on covid-19 in different languages

If you have any general questions about Covid-19, you can ring **08-123 680 00**. This number is for a national telephone line where you can get answers to general questions about the coronavirus Covid-19 in different languages. The line is open weekdays from 09.00 to 15.00. If you ring outside these times, you can leave a message and they will ring you back.

The telephone line is staffed by health communication officers who speak English, Arabic, Somali, Persian/Farsi, Dari, Tigrinya, Amharic, Russian, Bosnian, Croatian, Serbian and Spanish.

## Contact tracing for Covid-19

If a case of Covid-19 is found at a school, contact tracing will take place. Contact tracing of Covid-19 involves mapping the spread of infection between people. The purpose of contact tracing is to quickly break the chain of transmission, thereby limiting the spread of infection.

### Contact tracing includes identifying...

- ... the people who are at risk of being infected by a person with confirmed Covid-19 – to who could the infection been passed on to?
- ... the source of infection – who or which person could have infected them and which other people can have been infected by the same source?
- ... the route of infection – how and where the person was infected?

A student who is confirmed as having Covid-19 needs to inform their mentor or Head of Programme at the school, either by Email or telephone. After that, contact tracing is done by the school.

## Soon it is the Christmas holidays – cancel and reschedule plans!

Even if students sit in the same class in school and eat together in the dining hall, they should avoid gathering in larger groups during their free time – no class parties or cosy meetings. These situations are a source for further transmission and spread of infection and we should avoid them out of respect and for the sake of our loved one, all the risk groups within our society, the health care personnel and that we can continue to keep the schools open.

### Remember students should...

- ... stay at home if they have any symptoms. Book a time for a test and inform the school if the test is positive. Stay at home even if there is an examination.
- ... keep a distance (avoid close contact with others, even friendly hugs)
- ... wash your hands - long, often and carefully.

We must all cancel, reschedule and help out! It is not up to anyone else to help solve this problem. The choices you make today can affect both your own and someone else's future. The choices you make today can both save lives and mean you can return to a normal life more quickly.